



Population Science
Management

PLAN COMPARISON

Livelihood EPO Plans

- \$1,800
- \$1,800 Option 2
- \$2,600
- \$3,350
- \$3,750
- \$4,300
- \$4,500
- \$6,000
- \$6,800
- \$7,500
- \$8,300
- \$3,500 HDHP (HSA)
- \$5,000 HDHP (HSA)
- \$6,500 HDHP (HSA)

 November 1, 2025 - October 31, 2026

 Major Medical Plan

600-1044-3



 GIGCARE

Disclaimer for Population Science Management of Working Owners

Population Science Management (PSM), a data analytics company dedicated to empowering individuals to financially benefit from the sharing their personal data, is actively hiring Consumer Data Respondents (CDRs).

As a CDR, you would provide insights into your health and consumer habits, and will be a member of PSM subject to the terms and conditions of the PSM Operating Agreement. You would become a "Working Owner" of the company.

One of the terms and conditions of Working Ownership is that you agree to share select data through our Covered365 app, available on both Apple App Store and Google Play.

As a Working Owner, you are expected to complete tasks as they arise, most of which consist of short but impactful surveys. The frequency of these requests varies depending on several factors and may range from once per quarter to as often as once per month during the first year. All surveys provide compensation, though amounts may vary, with some offering higher rewards than others.

Working Owners are eligible to participate in the company's employee benefit plans, including the single-employer self-funded ERISA group health plan (collectively referred to as "GigCare") and other benefits made available to similarly situated Working Owners, contingent upon timely payment of health benefits contributions, the terms of the Operating Agreement, and the terms of the plan documents. Your contributions play a significant role in advancing our mission to improve health care, and we value the impact of your work.

This illustration describes the plan in an easily understood manner and is presented as a matter of general information only. The contents are not to be accepted or construed as a substitute for the provisions of the plan document or summary plan description, which contains more exact terms and detailed provisions of the plan; and it is not to be considered a policy of insurance.

Subject to plan allowable The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.detegohealth.com or call 1-866-815-6001. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform.com or www.ccio.cms.gov

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO \$1,800		EPO \$1,800 Option 2		EPO \$2,600		EPO \$3,350		EPO \$3,750		EPO \$4,300		EPO \$4,500	
NETWORK	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT

In-network Provider: Aetna EPO

Payment for Services

Covered Services are reimbursed based on the Allowable Charge. In-network Providers have agreed to accept the benefit payment as payment in full, not including Deductible, Coinsurance and/or Copayment amounts and any charges for non-covered Services, which are the Covered Person's responsibility. That means In-network providers, under the terms of their contract can't bill for amounts over the Contracted Amount. In some situations, Out-of-network Providers can bill for amounts over the Out-of-network allowance. Cost-sharing and reimbursement amounts for categories showing "Same as any other illness" may vary based on where services are rendered.

EPO Plans: There is no Out-of-Network coverage under these Plans.

Deductible (the amount the Covered Person pays each Benefit Period for Covered Services before the Coinsurance is payable)														
• Individual	\$1,800	Not Covered	\$1,800	Not Covered	\$2,600	Not Covered	\$3,350	Not Covered	\$3,750	Not Covered	\$4,300	Not Covered	\$4,500	Not Covered
• Family Unit*	\$3,600		\$3,600		\$3,600		\$6,700		\$7,500		\$8,600		\$9,000	
Coinsurance (the percentage amount the Covered Person must pay for most Covered Services after the Deductible has been met)														
• Covered Person Pays	25%	Not Covered	20%	Not Covered	20%	Not Covered	20%	Not Covered	25%	Not Covered	20%	Not Covered	25%	Not Covered
• Plan Pays	75%		80%		80%		80%		75%		80%		75%	
Out-of-Pocket Limit (includes Deductible, Coinsurance and Copays)														
• Individual	\$9,200	Not Covered	\$10,000	Not Covered	\$10,000	Not Covered	\$10,000	Not Covered	\$9,200	Not Covered	\$10,000	Not Covered	\$9,200	Not Covered
• Family Unit*	\$18,400		\$20,000		\$20,000		\$20,000		\$18,400		\$20,000		\$18,400	

In-network and Out-of-network Deductible and Out-of-pocket Limits are separate and do not cross accumulate. All other limits (days, visits, sessions, dollar amounts, etc.) do cross accumulate between In-network and Out-of-network, unless noted differently. Once the annual Out-of-pocket Limit is reached, most Covered Services are payable by the plan at 100% for the rest of the benefit period.

*Unit/Accumulated – If you have family coverage, there is no individual Deductible or Out-of-pocket Limit. The total family Deductible and Out-of-pocket Limit must be met before the plan begins to pay for any covered services for any family member. All covered family members' expenses combine to meet these family amounts, and a single family member may contribute the entire total.

Copays Please note that after your deductible has been met, you will still be responsible for paying copayments for your medical services.

EPO Plans: EPO \$1,800 / \$1,800 Option 2 / \$2,600 / \$3,350 / \$3,750 / \$4,300 / \$4,500 / \$6,000 / \$6,800 / \$7,500 / \$8,300

Copayment(s) (copay(s)) apply to:

- Physician Office
- Specialist Office
- Urgent Care Facility
- Physical, Occupational and Speech Therapy Services
- Cardiac Rehabilitation
- Manipulations
- Routine Vision Exam
- Prenatal/Postnatal Office
- Mental Health/Substance Abuse/ Autism Outpatient & Office
- Prescription Drugs

HDHP EPO Plans: \$3,500 (HSA) / \$5,000 (HSA) / \$6,500 (HSA)

Copayment(s) (copay(s)) apply to:

- This plan has no medical or prescription copays

The Copay amount varies by the type of Covered Services. Refer to the appropriate category for benefit information.

All Benefits Payable Under This Plan Are Subject To The Plan Allowable.

Services may require Preauthorization. Failure to obtain Preauthorization will result in denial of benefits.

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO \$6,000		EPO \$6,800		EPO \$7,500		EPO \$8,300		EPO \$3,500 HDHP (HSA)		EPO \$5,000 HDHP (HSA)		EPO \$6,500 HDHP (HSA)	
NETWORK	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT

In-network Provider: Aetna EPO

Payment for Services

Covered Services are reimbursed based on the Allowable Charge. In-network Providers have agreed to accept the benefit payment as payment in full, not including Deductible, Coinsurance and/or Copayment amounts and any charges for non-covered Services, which are the Covered Person's responsibility. That means In-network providers, under the terms of their contract can't bill for amounts over the Contracted Amount. In some situations, Out-of-network Providers can bill for amounts over the Out-of-network allowance. Cost-sharing and reimbursement amounts for categories showing "Same as any other illness" may vary based on where services are rendered.

EPO Plans: There is no Out-of-Network coverage under these Plans.

Deductible (the amount the Covered Person pays each Benefit Period for Covered Services before the Coinsurance is payable)														
• Individual • Family Unit*	\$6,000 \$12,000	Not Covered	\$6,800 \$13,600	Not Covered	\$7,500 \$15,000	Not Covered	\$8,300 \$16,600	Not Covered	\$3,500 \$7,000	Not Covered	\$5,000 \$10,000	Not Covered	\$6,500 \$13,000	Not Covered
Coinsurance (the percentage amount the Covered Person must pay for most Covered Services after the Deductible has been met)														
• Covered Person Pays • Plan Pays	20% 80%	Not Covered	25% 75%	Not Covered	20% 80%	Not Covered	25% 75%	Not Covered	20% 80%	Not Covered	20% 80%	Not Covered	25% 75%	Not Covered

In-network and Out-of-network Deductible and Out-of-pocket Limits are separate and do not cross accumulate. All other limits (days, visits, sessions, dollar amounts, etc.) do cross accumulate between In-network and Out-of-network, unless noted differently. Once the annual Out-of-pocket Limit is reached, most Covered Services are payable by the plan at 100% for the rest of the benefit period.

*Unit/Accumulated – If you have family coverage, there is no individual Deductible or Out-of-pocket Limit. The total family Deductible and Out-of-pocket Limit must be met before the plan begins to pay for any covered services for any family member. All covered family members' expenses combine to meet these family amounts, and a single family member may contribute the entire total.

Copays Please note that after your deductible has been met, you will still be responsible for paying copayments for your medical services.

EPO Plans: EPO \$1,800 / \$1,800 Option 2 / \$2,600 / \$3,350 / \$3,750 / \$4,300 / \$4,500 / \$6,000 / \$6,800 / \$7,500 / \$8,300

Copayment(s) (copay(s)) apply to: • Physician Office
• Specialist Office
• Urgent Care Facility
• Physical, Occupational and Speech Therapy Services
• Cardiac Rehabilitation
• Manipulations
• Routine Vision Exam
• Prenatal/Postnatal Office
• Mental Health/Substance Abuse/
Autism Outpatient & Office
• Prescription Drugs

HDHP EPO Plans: \$3,500 (HSA) / \$5,000 (HSA) / \$6,500 (HSA)

Copayment(s) (copay(s)) apply to: • This plan has no medical or prescription copays

The Copay amount varies by the type of Covered Services. Refer to the appropriate category for benefit information.

All Benefits Payable Under This Plan Are Subject To The Plan Allowable.

Services may require Preauthorization. Failure to obtain Preauthorization will result in denial of benefits.

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Group Name: Population Science Management

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Major Medical Plan	EPO \$1,800 / \$3,750		EPO \$4,500 / \$6,800 / \$8,300		EPO HDHP (HSA) \$6,500	
NETWORK	IN	OUT	IN	OUT	IN	OUT
Covered Services - Illness or Injury						
Physician Office Services						
• Primary Care Physician Office Visit	\$40 Copay		\$40 Copay			
• Specialist Physician Office Visit	\$70 Copay	Not Covered	\$70 Copay	Not Covered	Deductible and Coinsurance	
• Urgent Care Visit - 4 visits limit per benefit period.	\$85 Copay		\$85 Copay			Not Covered
Primary Care Physician is a physician who has a majority of his or her practice in internal or general medicine, obstetrics/gynecology, general pediatrics or family practice. A physician assistant is covered in the same manner as a Primary Care Physician.						
Specialist Physician is a physician who is not a Primary Care Physician.						
Office Visit Benefits for Primary Care and Specialist Physician Office Visit include office visits (including the initial visit to diagnose pregnancy), consultations and medication checks.						
Physician Office Services include but are not limited to: office visits; X-ray; laboratory and pathology services; Allergy Testing, Injections and Serums; Supplies and/or Drugs administered during the office visit; Hearing exams or Eye exams due to Illness or Injury excluding refractions.						
Other Covered Services not part of the Physician Office Services Benefit (Refer to the appropriate category for benefit information) include: Advanced Diagnostic Imaging (CT, MRI, MRA, MRS, PET and SPECT scans and other Nuclear Medicine); Pregnancy Services; Preventive Services; Radiation Therapy and Chemotherapy; Surgery and Anesthesia; Therapy and Manipulations; Durable Medical Equipment; Sleep Studies; Biofeedback; Mental Health and Substance Use Disorders.						
Telehealth/Virtual Care Services (through MyLiveDoc telehealth platform.)						
• Virtual Primary Care - Unlimited	\$0 Copay, \$0 Deductible through MyLiveDoc Telehealth platform		\$0 Copay, \$0 Deductible through MyLiveDoc Telehealth platform		\$0 Copay, \$0 Deductible through MyLiveDoc Telehealth platform	
• Urgent Care - Unlimited	\$40 Copay for all other Telehealth platforms	Not Covered	\$40 Copay for all other Telehealth platforms	Not Covered	Deductible and Coinsurance for all other Telehealth platforms	
• Mental Health (Triage) - 4 visits limit per benefit period.						Not Covered
NOTE: \$0 copay applies only to Virtual Visits conducted through the MyLiveDoc Telehealth Platform. This does not include telemedicine services provided by your personal physician. Telemedicine visits through your physician are billed as Physician Office Services.						
Emergency Room Services (services received in a hospital emergency room setting)						
• Facility	Deductible and Coinsurance (waived if admitted)	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered	Deductible and Coinsurance (waived if admitted)	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered	Deductible and Coinsurance	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered
• Professional Services						

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

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Major Medical Plan	EPO		EPO HDHP (HSA)	
NETWORK	IN	OUT	IN	OUT
Covered Services - Illness or Injury				
Physician Office Services				
• Primary Care Physician Office Visit	\$25 Copay			
• Specialist Physician Office Visit	\$40 Copay	Not Covered	Deductible and Coinsurance	Not Covered
• Urgent Care Visit	\$60 Copay			
<p>Primary Care Physician is a physician who has a majority of his or her practice in internal or general medicine, obstetrics/gynecology, general pediatrics or family practice. A physician assistant is covered in the same manner as a Primary Care Physician.</p> <p>Specialist Physician is a physician who is not a Primary Care Physician.</p> <p>Office Visit Benefits for Primary Care and Specialist Physician Office Visit include office visits (including the initial visit to diagnose pregnancy), consultations and medication checks.</p> <p>Physician Office Services include but are not limited to: office visits; X-ray; laboratory and pathology services; Allergy Testing, Injections and Serums; Supplies and/or Drugs administered during the office visit; Hearing exams or Eye exams due to Illness or Injury excluding refractions.</p> <p>Other Covered Services not part of the Physician Office Services Benefit (Refer to the appropriate category for benefit information) include: Advanced Diagnostic Imaging (CT, MRI, MRA, MRS, PET and SPECT scans and other Nuclear Medicine); Pregnancy Services; Preventive Services; Radiation Therapy and Chemotherapy; Surgery and Anesthesia; Therapy and Manipulations; Durable Medical Equipment; Sleep Studies; Biofeedback; Mental Health and Substance Use Disorders.</p>				
Telehealth/Virtual Care Services (through MyLiveDoc telehealth platform.)				
• Virtual Primary Care - 12 visits limit per benefit period.	\$0 Copay, \$0 Deductible through MyLiveDoc Telehealth platform		\$0 Copay, \$0 Deductible through MyLiveDoc Telehealth platform	
• Urgent Care - Unlimited	\$25 Copay for all other Telehealth platforms	Not Covered	Deductible and Coinsurance for all other Telehealth platforms	Not Covered
• Mental Health (Triage) - 4 visits limit per benefit period.				
<p>NOTE: Unlimited Urgent Care visits use for MyLiveDoc Telehealth Platform only. This does not include your physician's telemedicine services. Telemedicine used through your physician are considered visits and are included in the visit maximum per benefit period.</p>				
Emergency Room Services (services received in a hospital emergency room setting)				
• Facility	Deductible and Coinsurance	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered	Deductible and Coinsurance	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered
• Professional Services				

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO \$1,800 / \$3,750		EPO \$4,500 / \$6,800 / \$8,300		EPO HDHP (HSA) \$6,500	
NETWORK	IN	OUT	IN	OUT	IN	OUT
Covered Services - Illness or Injury (Continued)						
Outpatient Hospital or Facility Services Services such as surgery, laboratory and radiology, cardiac rehabilitation, observation stays, and other services provided on an outpatient basis	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Inpatient Hospital or Facility Services Charges for room and board, diagnostic testing, rehabilitation and other ancillary services provided on an inpatient basis	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Preventive Services						
Preventive Care/ Screenings • Affordable Care Act (ACA) required preventive services (may be subject to limits that include, but are not limited to, age, gender, and frequency) • ACA required covered preventive services (outside of limits) • Other covered preventive services not required by ACA	Plan pays 100%	Not Covered	Plan pays 100%	Not Covered	Plan pays 100%	Not Covered
Immunizations • Child • Adult	Plan pays 100%	Not Covered	Plan pays 100%	Not Covered	Plan pays 100%	Not Covered
Child Dentistry and Eye Care						
Child Eye Exam	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered
Child Glasses/ Contacts	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered
Child Dental Check Up	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO		EPO HDHP (HSA) \$3,500 / \$5,000	
NETWORK	IN	OUT	IN	OUT
Covered Services - Illness or Injury (Continued)				
Outpatient Hospital or Facility Services Services such as surgery, laboratory and radiology, cardiac rehabilitation, observation stays, and other services provided on an outpatient basis	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Inpatient Hospital or Facility Services Charges for room and board, diagnostic testing, rehabilitation and other ancillary services provided on an inpatient basis	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Preventive Services				
Preventive Care/ Screenings • Affordable Care Act (ACA) required preventive services (may be subject to limits that include, but are not limited to, age, gender, and frequency) • ACA required covered preventive services (outside of limits) • Other covered preventive services not required by ACA	Plan pays 100% Same as any other illness Same as any other illness	Not Covered	Plan pays 100% Same as any other illness Same as any other illness	Not Covered
Immunizations • Child • Adult	Plan pays 100%	Not Covered	Plan pays 100%	Not Covered
Child Dentistry and Eye Care				
Child Eye Exam	As required by ACA	Not Covered	As required by ACA	Not Covered
Child Glasses/ Contacts	Not Covered	Not Covered	Not Covered	Not Covered
Child Dental Check Up	As required by ACA	Not Covered	As required by ACA	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO \$1,800 / \$3,750		EPO \$4,500 / \$6,800 / \$8,300		EPO HDHP (HSA) \$6,500	
NETWORK	IN	OUT	IN	OUT	IN	OUT
Mental Health, Behavioral Health, and/or Substance Use Disorder Services						
Inpatient Services Paid at the facility's semi-privateroom rate.	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Outpatient Services • Office Services	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered
Partial Hospitalization	Deductible and Coinsurance (10 Days per Benefit Period)	Not Covered	Deductible and Coinsurance (10 Days per Benefit Period)	Not Covered	Deductible and Coinsurance (10 Days per Benefit Period)	Not Covered
Office Services include office visits; medication checks; psychological therapy and/or substance use disorder counseling; x-rays; laboratory tests; supplies and/or drugs administered during the office visit.						
Other Covered Services not part of the Office Benefit Services are covered under All Other Outpatient Items & Services. This includes but is not limited to: psychological evaluations; assessments; testing; physical therapy; occupational therapy; speech therapy or any other covered Mental Health and/or Substance Use Disorder services.						
Pregnancy / Maternity						
Pregnancy and Maternity (Dependent daughter pregnancy is not covered.)						
• Routine Vaginal Delivery						
• Routine C-Section Delivery	Deductible and Coinsurance		Deductible and Coinsurance			
• Inpatient Facility			Deductible and \$2,500 Copay			
• Professional Services			Deductible and Coinsurance			
• Prenatal/Postnatal Office Visits	100% Covered	Not Covered	100% Covered	Not Covered	Deductible and Coinsurance	Not Covered
• All Other Maternity Services	Deductible and Coinsurance		Deductible and Coinsurance			
• NICU - Up to 5 Days	Deductible and Coinsurance		Deductible and Coinsurance			
NOTE: The Plan pays 100% for the initial postpartum depression screening up to one year following a pregnancy or childbirth.						
Other Covered Services - Illness or Injury						
Advanced Diagnostic Imaging (CT, MRI, MRA, PET scans) Stand-alone X-Ray/ Imaging Center Only - except during Inpatient/ E.R. Admissions	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO		EPO HDHP (HSA) \$3,500 / \$5,000	
NETWORK	IN	OUT	IN	OUT
Mental Health, Behavioral Health, and/or Substance Use Disorder Services				
Inpatient Services Paid at the facility's semi-private room rate.	Deductible and Coinsurance (30 Day Max per Benefit Period)	Not Covered	Deductible and Coinsurance (30 Day Max per Benefit Period)	Not Covered
Outpatient Services • Office Services	Deductible and Coinsurance (30 Day Max per Benefit Period)	Not Covered	Deductible and Coinsurance (30 Day Max per Benefit Period)	Not Covered
Partial Hospitalization	Not Covered	Not Covered	Not Covered	Not Covered
Office Services include office visits; medication checks; psychological therapy and/or substance use disorder counseling; x-rays; laboratory tests; supplies and/or drugs administered during the office visit.				
Other Covered Services not part of the Office Benefit Services are covered under All Other Outpatient Items & Services. This includes but is not limited to: psychological evaluations; assessments; testing; physical therapy; occupational therapy; speech therapy or any other covered Mental Health and/or Substance Use Disorder services.				
Pregnancy / Maternity				
Pregnancy and Maternity (Dependent daughter pregnancy is not covered.) • Routine Vaginal Delivery • Routine C-Section Delivery • All Other Maternity Services	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
NOTE: The Plan pays 100% for the initial postpartum depression screening up to one year following a pregnancy or childbirth.				
Other Covered Services - Illness or Injury				
Advanced Diagnostic Imaging (CT, MRI, MRA, MRS, PET and SPECT scans and other Nuclear Medicine)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO \$1,800 / \$3,750		EPO \$4,500 / \$6,800 / \$8,300		EPO HDHP (HSA) \$6,500	
NETWORK	IN	OUT	IN	OUT	IN	OUT
Other Covered Services - Illness or Injury (Continued 1 of 2)						
Allergies	\$40 Copay	Not Covered	\$40 Copay	Not Covered	Deductible and Coinsurance	Not Covered
• Shots						
• Visits/Testing	\$40 for Physician Visit / Deductible and Coinsurance for Testing		\$40 for Physician Visit / Deductible and Coinsurance for Testing			
Ambulance (to the nearest facility for appropriate care). Limit to 1 per Benefit Period.	\$1,000.00 Indemnity Benefit after Deductible	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered	\$1,000.00 Indemnity Benefit after Deductible	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered	Deductible and Coinsurance	Same as In-Network Benefit for Emergent Situations / Non-Emergent Situations are Not Covered
Diabetic Services	\$40 Copay	Not Covered	\$40 Copay	Not Covered	Deductible and Coinsurance	Not Covered
• Nutritional Counseling - 1 per Benefit Period.						
• Supplies / Equipment	\$0 Copay w/DiaThrive		\$0 Copay w/DiaThrive		\$0 Copay w/DiaThrive	
Diagnostic Test (X-Ray, Lab, EKGs, ECGs, All other diagnostic services not included in Imaging). Stand-alone X-Ray/ Imaging Center Only - except during Inpatient/ E.R. Admissions	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Diagnostic Lab Stand-alone Lab/Physician Office Only - except during Inpatient/E.R. Admissions	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Dialysis	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Durable Medical Equipment and Supplies (including Prosthetics) (\$500 Max per Benefit Period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Home Health Care (limited to 8 visits per Benefit Period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Hospice Services (limited to 32 hours per Benefit Period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO		EPO HDHP (HSA) \$3,500 / \$5,000	
NETWORK	IN	OUT	IN	OUT
Other Covered Services - Illness or Injury (Continued 1 of 2)				
Allergies (combined limit of 12 per benefit period). • Shots • Visits/Testing	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Ambulance (to the nearest facility for appropriate care) • Ground Ambulance • Air Ambulance	Deductible and Coinsurance	Same as In-Network Benefit for Emergent Situations	Deductible and Coinsurance	Same as In-Network Benefit for Emergent Situations
Diabetic Services • Nutritional Counseling • Supplies / Equipment	\$0 Copay w/MyLiveDoc Telehealth Platform \$0 Copay w/DiaThrive	Not Covered	\$0 Copay w/MyLiveDoc Telehealth Platform \$0 Copay w/DiaThrive	Not Covered
Diagnostic Test (X-Ray, Lab, EKGs, ECGs, All other diagnostic services not included in Imaging)	\$25 Copay for Lab / \$100 Copay for X-Ray	Not Covered	Deductible and Coinsurance	Not Covered
Dialysis	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Durable Medical Equipment and Supplies (including Prosthetics) (12 month rental or purchase, whichever is least costly).	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Home Health Care (limited to 60 days per benefit period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Hospice Services (limited to 40 days per benefit period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO \$1,800 / \$3,750		EPO \$4,500 / \$6,800 / \$8,300		EPO HDHP (HSA) \$6,500	
NETWORK	IN	OUT	IN	OUT	IN	OUT
Other Covered Services - Illness or Injury (Continued 2 of 2)						
Infusion/Injection Drugs	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Organ Transplants	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered
Prosthetics and Orthotic (\$1,000 Max per Benefit Period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Radiation/Chemo	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Rehabilitation, Therapy and Manipulation Services (combined limit of 25 sessions per Benefit Period)						
• Mental Health, Behavioral Health, Substance Abuse Disorder Services						
• Physical and occupational therapy Services.	\$40 Copay	Not Covered	\$40 Copay	Not Covered	Deductible and Coinsurance	Not Covered
• Speech therapy Services						
• Spinal Manipulation Chiropractic treatments or adjustments.						
• Cardiac rehabilitation						
• Pulmonary rehabilitation						
Skilled Nursing (limited to 8 visits per Benefit Period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
All Other Covered Services	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO		EPO HDHP (HSA) \$3,500 / \$5,000	
NETWORK	IN	OUT	IN	OUT
Other Covered Services - Illness or Injury (Continued 1 of 2)				
Infusion/Injection Drugs	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Organ Transplants	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Prosthetics and Orthotic	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Radiation/Chemo	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Rehabilitation, Therapy and Manipulation Services (combined limit of 35 sessions per benefit period). • Physical and occupational therapy Services. • Speech therapy Services • Spinal Manipulation Chiropractic treatments or adjustments. • Cardiac rehabilitation • Pulmonary rehabilitation	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
Skilled Nursing (limited to 60 days per benefit period)	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered
All Other Covered Services	Deductible and Coinsurance	Not Covered	Deductible and Coinsurance	Not Covered

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO \$1,800 / \$3,750		EPO \$4,500 / \$6,800 / \$8,300		EPO HDHP (HSA) \$6,500	
NETWORK	IN	OUT	IN	OUT	IN	OUT
Prescription Drugs						
Retail - per 30 day supply						
• Preventive Medicine (Generic Only).	\$0 copay	Not Covered*	\$0 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Generic Drugs	\$20 copay	Not Covered*	\$20 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Preferred Brand and Non-preferred Name Drugs	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*
• Specialty Drugs	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*
Mail Order - per 90 day supply						
• Generic Drugs (30-Day Supply)	\$30 copay	Not Covered*	\$30 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Generic Drugs (60-Day Supply)	\$50 copay	Not Covered*	\$50 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Generic Drugs (90-Day Supply)	\$60 copay	Not Covered*	\$60 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Preferred Brand and Non-preferred Name Drugs	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*
• Specialty Drugs	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*	Not Covered*
Pharmacy Benefit Manager: These plans utilize Kroger Health.						
90-Day Mail Order Supply: You can order a 90-day supply of your prescriptions through the Kroger Mail Order Pharmacy for convenient home delivery. Set up your mail-order service by visiting kpp-rx.com or by calling 800-482-1285 to speak with a Kroger Prescription Plans representative. Kroger Mail Order Pharmacy hours: Monday – Friday, 8:00 AM – 11:00 PM (ET) and Saturday – Sunday, 8:00 AM – 6:30 PM (ET).						
Home Delivery (Alternative Option): If your prescription is not included on the Kroger drug list, you may use ScriptCo as a secondary option for affordable access. Detego Health covers your ScriptCo membership and contributes \$6.00 toward each generic prescription; members pay any remaining cost. ScriptCo is not a formulary and does not have a restricted drug list —members can purchase most FDA-approved prescriptions at transparent, wholesale prices. To get started, claim your membership using the email from ScriptCo. Prescribers may send prescriptions via E-Scribe or fax to 254-424-9800 . For questions or assistance using ScriptCo's home delivery services, call 888-201-0334.						
*NOTE: Excluded or non-covered medications may be available separately through our ancillary partner, ScriptAide, via their Patient Assistance Program (PAP) or Self-Pay Importation Program (SPIP). To learn more or check eligibility, call 866-837-1515 or email info@scriptaide.com .						
*NOTE: Your ScriptCo Membership may offer Preferred Brand Name Drugs and Non-Preferred Brand Name Drugs at 100% member responsibility.						

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plan	EPO		EPO HDHP (HSA)	
NETWORK	IN	OUT	IN	OUT
Prescription Drugs				
Retail - per 30 day supply				
• Preventive Medicine (Generic Only).	\$0 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Generic Drugs	\$5 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Preferred Brand and Non-preferred Name Drugs	Not Covered*	Not Covered*	Not Covered*	Not Covered*
• Specialty Drugs	Excluded*	Not Covered*	Excluded*	Not Covered*
Mail Order - per 90 day supply				
• Generic Drugs (90-Day Supply)	\$20 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Preferred Brand and Non-preferred Name Drugs	Not Covered*	Not Covered*	Not Covered*	Not Covered*
• Specialty Drugs	Excluded*	Not Covered*	Excluded*	Not Covered*
Diabetic Insulin				
• Generic Drugs	\$0 copay	Not Covered*	Deductible and Coinsurance	Not Covered*
• Preferred Brand and Non-preferred Name Drugs	Not Covered*	Not Covered*	Not Covered*	Not Covered*
Pharmacy Benefit Manager: These plans utilize Kroger Health.				
90-Day Mail Order Supply: You can order a 90-day supply of your prescriptions through the Kroger Mail Order Pharmacy for convenient home delivery. Set up your mail-order service by visiting kpp-rx.com or by calling 800-482-1285 to speak with a Kroger Prescription Plans representative. Kroger Mail Order Pharmacy hours: Monday – Friday, 8:00 AM – 11:00 PM (ET) and Saturday – Sunday, 8:00 AM – 6:30 PM (ET).				
Home Delivery (Alternative Option): If your prescription is not included on the Kroger drug list, you may use ScriptCo as a secondary option for affordable access. Detego Health covers your ScriptCo membership and contributes \$6.00 toward each generic prescription; members pay any remaining cost. ScriptCo is not a formulary and does not have a restricted drug list —members can purchase most FDA-approved prescriptions at transparent, wholesale prices. To get started, claim your membership using the email from ScriptCo. Prescribers may send prescriptions via E-Scribe or fax to 254-424-9800 . For questions or assistance using ScriptCo's home delivery services, call 888-201-0334.				
*NOTE: Excluded or non-covered medications may be available separately through our ancillary partner, ScriptAide, via their Patient Assistance Program (PAP) or Self-Pay Importation Program (SPIP). To learn more or check eligibility, call 866-837-1515 or email info@scriptaide.com .				
*NOTE: Your ScriptCo Membership may offer Preferred Brand Name Drugs and Non-Preferred Brand Name Drugs at 100% member responsibility.				

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plans . EPO / HSA . Monthly Contributions							
PLAN	EPO \$1,800	EPO \$1,800 Option 2	EPO \$2,600	EPO \$3,350	EPO \$3,750	EPO \$4,300	EPO \$4,500
AGES 18-29							
Employee	\$704.90	\$700.14	\$666.80	\$648.00	\$635.04	\$627.10	\$620.70
Employee + Spouse	\$1,191.38	\$1,183.33	\$1,126.98	\$1,095.22	\$1,084.05	\$1,080.99	\$1,069.96
Employee + Child(ren)	\$1,106.81	\$1,099.33	\$1,046.99	\$1,017.48	\$1,007.10	\$995.96	\$985.80
Family	\$1,685.67	\$1,674.28	\$1,594.55	\$1,549.61	\$1,533.81	\$1,539.77	\$1,524.06
AGES 30-44							
Employee	\$762.18	\$757.03	\$720.98	\$700.66	\$693.51	\$654.27	\$647.60
Employee + Spouse	\$1,332.10	\$1,323.10	\$1,260.10	\$1,224.59	\$1,212.09	\$1,132.60	\$1,121.05
Employee + Child(ren)	\$1,227.13	\$1,218.84	\$1,160.80	\$1,128.09	\$1,116.58	\$1,042.78	\$1,032.14
Family	\$1,812.88	\$1,800.63	\$1,714.89	\$1,666.56	\$1,649.56	\$1,615.90	\$1,599.42
AGES 45-54							
Employee	\$832.50	\$826.88	\$787.50	\$765.31	\$757.50	\$716.05	\$708.75
Employee + Spouse	\$1,425.42	\$1,415.78	\$1,348.37	\$1,310.37	\$1,297.00	\$1,241.82	\$1,229.16
Employee + Child(ren)	\$1,363.55	\$1,354.33	\$1,289.84	\$1,253.49	\$1,252.99	\$1,177.10	\$1,176.63
Family	\$1,975.27	\$1,961.92	\$1,868.49	\$1,815.84	\$1,797.31	\$1,772.83	\$1,754.75
AGES 55-64							
Employee	\$925.65	\$919.39	\$875.61	\$850.94	\$842.26	\$794.69	\$786.59
Employee + Spouse	\$1,586.00	\$1,575.28	\$1,500.27	\$1,457.99	\$1,443.11	\$1,395.19	\$1,380.96
Employee + Child(ren)	\$1,516.63	\$1,506.38	\$1,434.65	\$1,394.22	\$1,393.66	\$1,319.99	\$1,319.46
Family	\$2,273.55	\$2,258.18	\$2,150.65	\$2,090.04	\$2,089.20	\$2,041.22	\$2,040.40

Summary of Benefits & Coverage: Livelihood Plan Comparison

Group Name: Population Science Management

Effective Date: November 1, 2025 - October 31, 2026

Major Medical Plans - EPO / HSA - Monthly Contributions							
PLAN	EPO \$6,000	EPO \$6,800	EPO \$7,500	EPO \$8,300	EPO \$3,500 HDHP (HSA)	EPO \$5,000 HDHP (HSA)	EPO \$6,500 HDHP (HSA)
AGES 18-29							
Employee	\$588.11	\$552.82	\$535.45	\$524.74	\$634.07	\$592.93	\$581.07
Employee + Spouse	\$1,002.27	\$942.13	\$899.77	\$881.77	\$1,082.07	\$1,011.82	\$991.58
Employee + Child(ren)	\$925.21	\$869.70	\$832.59	\$815.94	\$1,005.27	\$940.00	\$921.20
Family	\$1,421.35	\$1,336.07	\$1,268.93	\$1,243.55	\$1,545.74	\$1,445.31	\$1,416.40
AGES 30-44							
Employee	\$613.05	\$576.27	\$557.56	\$546.41	\$665.62	\$626.02	\$613.50
Employee + Spouse	\$1,049.40	\$986.44	\$941.27	\$922.45	\$1,163.36	\$1,094.14	\$1,072.25
Employee + Child(ren)	\$968.00	\$909.92	\$870.31	\$852.90	\$1,071.68	\$1,007.92	\$987.76
Family	\$1,490.75	\$1,401.31	\$1,329.92	\$1,303.32	\$1,638.64	\$1,556.03	\$1,524.91
AGES 45-54							
Employee	\$676.94	\$636.33	\$622.34	\$609.89	\$742.35	\$712.88	\$698.62
Employee + Spouse	\$1,160.83	\$1,091.18	\$1,052.71	\$1,031.66	\$1,271.05	\$1,220.59	\$1,196.18
Employee + Child(ren)	\$1,102.41	\$1,036.27	\$1,002.03	\$981.99	\$1,215.89	\$1,167.62	\$1,144.27
Family	\$1,650.04	\$1,551.04	\$1,488.38	\$1,458.61	\$1,805.39	\$1,691.43	\$1,657.61
AGES 55-64							
Employee	\$756.42	\$711.03	\$701.04	\$687.02	\$842.43	\$784.38	\$768.69
Employee + Spouse	\$1,313.82	\$1,234.99	\$1,202.14	\$1,178.10	\$1,443.41	\$1,365.17	\$1,337.87
Employee + Child(ren)	\$1,245.22	\$1,170.51	\$1,141.82	\$1,118.98	\$1,380.28	\$1,285.17	\$1,259.47
Family	\$1,914.39	\$1,799.53	\$1,743.08	\$1,708.22	\$2,069.14	\$2,027.96	\$1,987.40



Population Science
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